



## CAMPUS LIFE at CQP



### THE UNIVERSITY COMMONS

The Commons is Fredonia's "student union", and houses our dining hall (on the 2<sup>nd</sup> floor), a Starbucks, the campus bookstore/convenience store, and an ATM (M&T Bank). It is directly across the street from the Williams Center (big round building), which has a Tim Hortons.

### DINING HALL

Cranston Marché, the dining hall, is in the University Commons. The **first meal** of each Session is Sunday dinner, and the **last meal** of each Session is Sunday brunch. Family and friends can eat at Cranston for around \$10-15.

While Cranston is open for several hours at each mealtime, we follow a specific schedule for meals. This is partly due to the lessons/coachings/practice schedule, and partly because we expect *all* students to show up at *all* meals: it's an important time for both socializing and learning more about the music profession, music schools, etc.

**Breakfast** anytime between 7 and 8:30am. By 8:30 your dishes should be cleared and you should be on your way to your quartet rehearsal room. You are expected to be unpacked, tuned and rehearsing by 8:45. (This is not a recommendation—it is a *requirement* you ignore at your peril.)

**Lunch** 1:00-1:45pm. Solo practice time is 11am-1pm. You may *not* begin lunch earlier than 1pm.

**Dinner** 5:30-6:30pm. Cafeteria staff don't mind if we linger past 6:30, but please remember to take your dishes to the drop-off by then so they can finish clean-up.

**"Take-out"** It's OK to take a cookie or a piece of fruit with you as you leave, but no more than that.

**Allergies & Special Diets** Please alert Nancy (S1 Dean) ahead of time so she can give advance notice to the Cranston managers. Cafeteria staff have been trained to deal with food allergies, and are happy to work with you on getting & properly handling what you need.

For example, if you need gluten-free bread, they will stock it, keeping it separate in one of the accessible fridges so you can just grab some. Another example: some vegans prefer almond milk to soy milk, but that can't be stocked unless the staff make a special trip to the grocery. They can do that, or you can bring your own to keep in the "special fridge".

They will cook your food separately on the grill line, to your order, to avoid cross-contamination. They will do pretty much whatever you need! Ask a Dean to introduce you to a manager.

### FRED CARDS as "currency"

FRED cards (your campus ID: see *Dorm Life at CQP*) can be used to pay at campus vending machines and at Starbucks. You must "load money" onto your card by using a FRED card machine: swipe your card, feed cash into machine and you have "credit". There's one in the lobby of the University Commons (as well as an M&T Bank ATM).

**MAIL** See "*Dorm Life at CQP*"

### MEDICAL

There is no Urgent Care facility in Fredonia or Dunkirk (in fact, none for 50 miles), and we are **NOT** (repeat: **NOT**) allowed to use the University's Student Health Clinic. If you have a medical issue, CALL a Dean or assistant immediately. We have used the Emergency Room at Brooks Memorial Hospital in Dunkirk many times, and they provide good care, usually quite quickly.

## INTERNET & COMPUTER INFO

Both wired and wireless internet is available in the dorms, and wireless is available in campus buildings. (Bring a cable if you want to use wired.) You will be given a Fredonia internet ID and password when you arrive.

### *If You're Bringing Your Laptop To CQP*

... and if you have Windows: the following is *especially* important to take care of before you arrive.

#### **UPDATE YOUR ANTI-VIRUS SOFTWARE INSTALLED ON YOUR PERSONAL COMPUTER**

This is *required* to access campus Internet on a personal computer. Detailed instructions are available at <http://home.fredonia.edu/its/virus>. You must pass something called the Bradford Dissolvable Agent security scan, and it requires at least Symantec Endpoint Protection (a few others are also allowed). You should be able to download SEP for free **when you get to campus**, using your Fredonia ID & password. However, if you can't get your laptop online when you arrive, you can take it to the ResNet office, 154 McGinnies Hall, open M-F from 8am-4pm. Macs are usually less of a problem w/ this, but, no guarantees.

#### **INSTALL ALL COMPUTER OPERATING SYSTEM CRITICAL SECURITY UPDATES**

For example, Microsoft Windows or Macintosh OS X. This is *required* to access the Internet on a personal computer, so do it before you arrive and you'll get connected faster!

#### **REMOVE ALL ILLEGALLY DOWNLOADED COPYRIGHTED FILES FROM YOUR PERSONAL COMPUTER**

For more information about SUNY Fredonia's policies and the Digital Millennium Copyright Act go to <http://www.fredonia.edu/its/dmca.asp>.

### *Tablets & Cell Phones*

These do not have to pass the above standards; you should be able to access secure campus wireless using the internet ID and password you'll be given when you arrive.

**PLEASE DO NOT IGNORE THE ISSUE OF ILLEGAL DOWNLOADS!!!** (Think: IMSLP.) Fredonia has a **ZERO** tolerance policy for copyright violation and illegal material. Yes, they **will** track you down & your internet privileges will be immediately and *permanently* revoked (this has happened to CQP students).

If you don't want to haul along a laptop, you can use Reed Library's browsing computers. They are considered an official computer lab, and there are both PCs & Macs. Summer hours are M-F, 8am-4pm.

## LIBRARY, PRINTING & COPYING

You will be able to check out books, music & scores from Reed Library: go to the Front Desk and ask to have your FRED card activated for that purpose. Every CQP student's internet ID is given a "printing allowance" of \$20: this allows you *ONLY* to print from their computers or your laptop while in the Library. It does **NOT** allow you to make copies on their copiers: you must load money into your FRED card for that. The library has both B&W and color laser printers, and flatbed scanners.

## MASON HALL (The School of Music)

We are *guests* of the School of Music, who graciously lend us the use of their facilities & equipment, so please remember the following:

- If your quartet has a faculty office or locked classroom for rehearsal space, make sure it's LOCKED when you leave.
- **TURN OFF LIGHTS!!**— when you leave *any* room or performance hall!!
- DO NOT put drinks or food on the pianos! In fact, do *not* take food into the practice rooms: we actually have had ant problems because students left food debris lying around.
- DO NOT use the Student Lounge as a quartet rehearsal room.
- We are *not* allowed to use their lockers: please DO NOT try to put a combination lock on one for your use— they will figure it out.
- If your quartet room is accidentally locked by custodians... if someone non-CQP tells you they've booked your room when you're pretty sure it's really yours... if something breaks... if there's something dangerous... **don't ignore or try to fix it yourself**: CALL/TEXT a Dean or assistant Dean *immediately*.

**Cello Storage Room** We are assigned a locked card-access room for cellists on 1<sup>st</sup> floor, so you don't have to haul it back & forth to the dorm. Only FRED cards of cellists will be activated for this.

**Piano Rooms** The CQP pianists will have five locked card-access practice rooms with grand pianos (admittedly of varying qualities...). Only the pianists' FRED cards will be activated for these.

CQP pianists may also use any unlocked classroom grand piano if the room isn't reserved; schedules are posted outside every classroom. The pianos in Diers Recital Hall and Rosch Recital Hall are NOT available for general practice. For dress rehearsals, the Deans will reserve these through the Music School.

## SPORTS

There is a fitness center in Dods Hall, but you must be at least 18 to use it, and there is a fee; the summer hours are limited. Steele Hall Natatorium has a very nice pool w/ lap lanes, but you must be 16 or older; hours are M-F, 11am-6pm. There is a nice outdoor jogging track, good tennis courts & basketball courts, and it's very easy to bike or walk around the area.

## GOING OFF-CAMPUS

It is perfectly fine to leave campus for shopping trips, expeditions to The Creek (returning students will fill in newcomers), walks, bikerides, etc. However, because of the "Child Protection Policy" followed by State University of New York:

**IF YOU'RE UNDER 17** You **must** notify a Dean or assistant (or sign out at dorm office) if you want to leave campus, and you **must** be accompanied by someone 17 or older.

**IF YOU'RE 17 to 21** It would be smart to text a Dean or assistant to let them know you're leaving campus, or sign out/in at dorm office. Please use common sense!— go with friends, *never* go alone, *always* take your cell phone! If you need to leave the Fredonia/Dunkirk area, you **must** notify a Dean.

**IF YOU ARE 21 OR OLDER** The only time you need to notify a Dean is if you're leaving the Fredonia/Dunkirk area.

## VISITORS

We always love to see your family & friends at CQP (more audience!), but please be aware:

- Only CQP participants (students & faculty) may stay in Grissom Hall.
- Guests are welcome in Grissom so long as they are escorted by a CQP participant at ALL times.
- It would be smart, not to mention polite, to introduce your visitors to a Dean and/or Charlie, so we recognize they're not someone who just wandered in off the street.
- Fredonia campus does not have residence facilities for guests. If your visitors will need a hotel (particularly on an arrivals/departures weekend like June 24-25), it would be smart to make an advance reservation. Fredonia is in the middle of the NY state wine country, and close to a number of tourist destinations such as Chautauqua and Lily Dale, but for some reason there aren't a lot of hotel options.

The Fredonia Admissions office has a good list: <http://home.fredonia.edu/admissions/directions>. (Just in case you search a travel site: there's a good reason the university does *not* list the Days Inn...)